

July Round-Up

Health, Well-being and Awareness Days/Campaigns: 🖱️ 🖱️ 🖱️ 🗣️ 🗣️ 🗣️

- [May 23](#) [June 23](#) [July 23](#) [Aug 23](#)

Questions asked & answered in July:

- *Am I competent to undertake a DSE assessment for someone with a broken leg?* 🖱️
- *How many First Aiders do I need for 100 staff in an office environment?* 🖱️
- *Do you have any tips on working from home with battling loneliness?* 🖱️
- *How often should I undertake our General Workplace Risk Assessment?* 🖱️

Some topics covered:

- Slips, trips and falls in the office 🖱️
- Slips, trips and falls checklist template 🖱️
- Opening up conversation about mental well-being in the workplace (Managers checklist from Calm) 🖱️
- 'Stand up meetings' benefits 🖱️
- Records retention – How long should you keep some health and safety records? 🖱️
- What to put in your first aid kit 🖱️
- Driving at Work – Key Actions to Take 🖱️
- Driving at Work – Hazards 🖱️
- Driving at work – control measures 🖱️

The 'Check it Out!' Corner!

- Jump Back Up **JULY** – *Let's find ways to bounce back* 🖱️
- The Power of Self-Care (Factsheet) 🖱️
- Some of Friday's funnies 🗣️ 🗣️ 🗣️
- We reached 🌱 **847** 🌱 members by the end of July. Welcome to all the new members and thank you to everyone for their contributions.

Round-up's: 🖱️

- [April 23](#) [May 23](#) [June 23](#)

Thank you very much for your comments, reactions, contributions and support.

Lorna

